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**24-25 Lesson Plan Template Teacher: Westside PE Dept. Subject: Floor Hockey**

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| **Week of:**  **DATE Week 1** | **Monday** | **Tuesday** | **Wed./Thurs.** | **Friday** |
| **TEKS** | 116.64.c.12.e  116.64.b.5.b | 116.64.c.1.b  116.64.c.2.a | 116.64.c.2.d  116.64.c.2.c | 116.64.b.5.e |
| **Learning Objective** | SWBAT: Explain the rules of floor hockey. | SWBAT: Demonstrate dribbling, passing, shooting and defensive skills. | SWBAT: Understand and implement offensive game strategy. | SWBAT: Demonstrate on the field communication and coordination of players. |
| **Higher Order Thinking Questions** | Analyzing  How do different defensive formations impact the effectiveness of a team’s strategy? Provide specific examples from recent games or drills. | In what ways does the speed and style of play affect the success of passing and shooting techniques? Analyze how these elements can be adjusted during a game. | Evaluating  Compare and contrast the effectiveness of various offensive strategies (e.g., 2-1-1 vs. 1-2-1) in different game scenarios. Which is more effective against a strong defense and why? | Evaluate the impact of individual player roles on the overall team performance. How does the role of a forward differ in a high-pressure game compared to a regular game? |
| **Agenda** | 1. Warm-Up     - Light jogging or dynamic stretches.     - Basic stickhandling drills to get students accustomed to handling the stick.  2. Skill Development     - Focus on specific skills like passing, shooting, or defensive techniques.     - Use drills to practice these skills in small groups or pairs. | Warm-Up     - Light jogging or dynamic stretches.     - Basic stickhandling drills to get students accustomed to handling the stick.  2. Skill Development     - Focus on specific skills like passing, shooting, or defensive techniques.     - Use drills to practice these skills in small groups or pairs.  3. Drills and Practice     - Run through structured drills that integrate multiple skills (e.g., passing and shooting drills, or moving with the puck and defending).     - Include drills that simulate game scenarios. | Warm-Up     - Light jogging or dynamic stretches.     - Basic stickhandling drills to get students accustomed to handling the stick.  Drills and Practice     - Run through structured drills that integrate multiple skills (e.g., passing and shooting drills, or moving with the puck and defending).     - Include drills that simulate game scenarios. | Warm-Up     - Light jogging or dynamic stretches.     - Basic stickhandling drills to get students accustomed to handling the stick Game Situations     - Organize small-sided games or scrimmages to apply skills in a game context.     - Emphasize teamwork, strategy, and applying skills under game conditions. |
| **Demonstration of Learning** | Rules and Etiquette  Rules:  Gameplay Rules:  Explain the basic rules of floor hockey, including offside, penalties, and game structure.  Penalties: Demonstrate common penalties and how they are enforced. | Skills Demonstration  A. Basic Skills  Dribbling:  Show controlled movement of the puck using the stick, including maneuvering around obstacles and changing direction.  - Passing: Demonstrate accurate short and long passes to teammates using both forehand and backhand techniques.  - Shooting: Perform different types of shots, such as wrist shots, slap shots, and snap shots, emphasizing technique and accuracy.  - Defense: Illustrate defensive skills, including blocking shots, stick-checking, and positioning to prevent opponents from scoring. | Game Strategy  A. Offensive Strategy  Formation: Explain and demonstrate various offensive formations (e.g., 2-1-1, 1-2-1) and how they create scoring opportunities.  - Movement: Show how players can move to create space and open passing lanes.  - Set Plays: Execute set plays or strategies designed to maximize scoring chances. | Teamwork and Communication   1. Communication:   On-Field Communication: Demonstrate effective verbal and non-verbal communication among players during play.  - Coordination: Show how players coordinate their movements and strategies through clear communication. |
| **Intervention & Extension** | Individual Skill Assessment     - Assess Needs: Identify specific areas where players struggle (e.g., dribbling, passing accuracy).     - Tailored Drills: Provide targeted drills and exercises to address these weaknesses, focusing on fundamental skills. | Small Group Instruction     Focused Sessions: Conduct small group sessions to give more personalized attention to players who need extra help. | Visual Aids and Demonstrations\*\*     - Video Analysis: Use video recordings of players to analyze mistakes and demonstrate correct techniques.     - Demonstrations: Show correct techniques and strategies using skilled players or coaches. | Modified Games     - Simplified Rules: Create modified game scenarios with simplified rules to help players understand the game better. |
| **Resources** | The Hockey Company (thehockeycompany.com): Offers training resources and equipment related to floor hockey. | YouTube: Search for floor hockey tutorials, drills, and game strategies. Channels often provide visual demonstrations of skills and tactics. | Apps  - Coach’s Eye: An app for video analysis, allowing players to review and improve their techniques. | - Hudl: Useful for analyzing game footage and improving strategic play. |